

# CECELIA R. VALRIE, PHD

808 West Franklin St., Rm 201  
Richmond, VA 23284  
Phone: (804)827-1562  
Fax: (804) 828-2237  
cvalrie@vcu.edu

## EDUCATION

---

<b>PhD</b>	Developmental Psychology University of North Carolina-Chapel Hill	2006
<b>MA</b>	Developmental Psychology University of North Carolina-Chapel Hill	2003
<b>BA</b>	Psychology (with Honors) and Mathematics East Carolina University, Greenville, NC Summa Cum Laude	1999

## ACADEMIC APPOINTMENTS AND AFFILIATIONS

---

<b>Adjunct Associate Professor</b> , Department of Internal Medicine Medicine, Virginia Commonwealth University, VA	2019-present	School of
<b>Co-Director of Research</b> Center for Cultural Experiences in Prevention, Virginia Commonwealth University, VA	2018-present	
<b>Associate Professor</b> , Department of Psychology College of Humanities & Sciences, Virginia Commonwealth University, VA	2017-present	
<b>Culture, Race, and Health Core Faculty</b> Institute for Inclusion, Inquiry, and Innovation, Virginia Commonwealth University, VA	2017-present	
<b>Adjunct Associate Professor</b> , Department of Psychology Harriot College of Arts & Sciences, East Carolina University, NC	2017-present	
<b>Adjunct Associate Professor</b> , Department of Pediatrics Brody School of Medicine, East Carolina University, NC	2016-present	
<b>Associate Professor</b> , Department of Psychology Harriot College of Arts & Sciences, East Carolina University, NC	2012-2017	

**Adjunct Assistant Professor**, Department of Pediatrics  
Brody School of Medicine, East Carolina University, NC 2009-2014

**Assistant Professor**, Department of Psychology  
Harriot College of Arts & Sciences, East Carolina University, NC 2006-2012

## HONORS AND AWARDS

---

**Award Nominee** 2016, 2017  
East Carolina University Black Alumni Chapter's Laura Marie Leary Courageous Leader Award  
Annual award recognizes individuals who consistently exemplify the attributes of pioneers who have devoted their time and effort in servant leadership

**Treasured Pirate Award** 2016  
East Carolina University  
Award to recognize the special and unique contributions of ECU employees to the University.

**Research Mentee** 2007-2009  
Summer Institute Program to Increase Diversity in Biomedical Research –  
Functional Genomics of Blood Disorders Program at University of Texas at Dallas  
Funding Agency: National Heart, Lung, and Blood Institute

**Predocctoral Fellowship** 2005-2006  
Human Development Interdisciplinary Training Grant, Carolina Consortium on  
Human Development at the Center for Developmental Science, University of  
North Carolina at Chapel Hill  
*Funding Agency:* National Institute of Child Health and Human Development (NICHD)

**Royster Interdisciplinary Fellowship** 2000-2005 for Graduate Study at the University of  
North Carolina at Chapel Hill

## RESEARCH INTERESTS

---

Grounded in developmental and health psychology, my research is focused on improving the health and well-being of youth and young adults at risk for poor health outcomes, with a special focus on youth sickle cell disease, Black youth, and youth living in low resource environments.

Additional areas of research focus include:

- Acute and chronic pain
- Sleep
- Pediatric Health disparities

## RESEARCH GRANTS

---

- Principal Investigator** 2018-2019  
“Prevalence and Predictors of the Chronic Sickle Cell Pain Phenotype”  
American Society of Hematology Bridge Grant,  
(Total Costs: \$150,000)
- Principal Investigator** 2016-2017  
“The Effect of Sleep Patterns on Sickle Cell Pain Over Time”  
Interdisciplinary Research Award, East Carolina University (Total  
Costs: \$13,050).
- Co-Investigator** 2014-2016  
“Project Sickle CIA: Cultivating Informed Activated Adolescents with Sickle Cell” (PI:  
C. Jenerette)  
National Institute of Nursing Research (NINR)  
(Total Costs: \$228,000)
- Principal Investigator** 2010-2015  
“Using E-Diaries to Assess Sleep and Pain in Children with Sickle Cell Disease”  
National Heart, Lung, and Blood Institute (NHLBI), K01 Mentored Career Development Award  
(Total Costs: \$618,586).
- Principal Investigator** 2008  
“Sleep in Children and Adolescents with Sickle Cell Disease”  
Department of Psychology, Summer Research Stipend Award  
East Carolina University (Total  
Costs: \$8,000)

## PUBLICATIONS

---

\*denotes student co-authors

**Valrie, C. R.**, Alston, K., Fuh, B., Redding-Lallinger, R. & Sisler, I. (provisionally accepted). Sleep moderating the relationship between pain and health care use in youth with sickle cell disease. *Clinical Journal of Pain*.

**Valrie, C. R.**, Kilpatrick, R. L., Alston, K., Trout, K., Redding-Lallinger, R., Sisler, I., & Fuh, B. (2019). Investigating the sleep-pain relationship in youth with sickle cell disease utilizing ecological momentary assessment, Actigraphy, and Overnight Pulse Oximetry. *Journal of Pediatric Psychology*, 44(3):323-332.

- Valrie, C. R.,** \*Trout, K., Bond, K. E., Ladd, R., \*Huber, N., Alston, K., Sufirinko, A., Everhart, E., & Fuh, B. (2018). Sleep problem risk in adolescents with sickle cell disease: Socio-demographic, physical, and disease-related correlates. *Journal of Pediatric Hematology/Oncology, 40*(2), 116-121. PMID: PMC5820179.
- Sufirinko, A. M., **Valrie, C.,** \*Lanzo, L., \*Bond, K., \*Trout, K., \*Ladd, R., & Everhart, D.E. (2015). Empirical validation of a short version of the Adolescent Sleep Wake Scale using a sample of ethnically diverse adolescents from an economically disadvantaged community. *Sleep Medicine, 16*, 1204-1206. PMID: PMC4592519.
- Valrie, C.R.,** \*Exum, K., Lutes, L.D., Carraway, M., & Collier, D.N. (2015). Relationship of sleep quality, baseline weight status and weight loss responsiveness in obese adolescents in an immersion treatment program. *Sleep Medicine, 16*, 432-434. PMID: PMC4372477.
- \*Alston, K. J., **Valrie, C. R.,** Warner, T. D., Walcott, C., & Fuh, B. (2015). Experiences of pediatric patients with sickle cell disease in rural emergency departments. *Journal of Pediatric Hematology/Oncology, 37*, 195-199. PMID: PMC4427542.
- \*Ladd, R. J., **Valrie, C. R.,** & Walcott, C. M. (2014). Risk and resilience factors for grade retention in youth with sickle cell disease. *Pediatric Blood and Cancer, 61*, 1252-1256. PMID: PMC4020345
- Palermo, T.M., **Valrie, C. R.,** & Karlson, C. W. (2014). Family and parent influences on pediatric chronic pain: A developmental perspective. *American Psychologist, 69*, 142-152. PMID: PMC4056332
- Valrie, C. R.,** Bromberg, M. H., Palermo, T. M., & Schanberg, L. (2013). A systematic review of sleep in pediatric pain populations. *Journal of Developmental and Behavioral Pediatrics, 34*, 120-128. PMID: PMC3562475
- Jenerette, C., & **Valrie, C. R.** (2010). The influence of maternal behaviors during childhood on self-efficacy in individuals with sickle cell disease. *Journal of Family Nursing, 16*, 422-434.
- Valrie, C. R.,** Gil, K. M., Redding-Lallinger, R., & Daeschner, C. (2008). Daily mood as a mediator or moderator of the pain-sleep relationship in children with sickle cell disease. *Journal of Pediatric Psychology, 33*, 317-322.
- Harris-Britt, A., **Valrie, C.R.,** Kurtz-Costes, B., & Rowley, S. (2007). Perceived racial discrimination and self-esteem in African American youth: Race socialization as a protective factor. *Journal of Research on Adolescence, 17*, 669-682.
- Valrie, C. R.,** Gil, K. M., Redding-Lallinger, R., & Daeschner, C. (2007). Sleep in children with sickle cell disease: An analysis of daily diaries utilizing multilevel models. *Journal of Pediatric Psychology, 32*, 857-861.

**Valrie, C. R.**, Gil, K. M., Redding-Lallinger, R., & Daeschner, C. (2007). The influence of pain and stress on sleep in children with sickle cell disease. *Children's Health Care*, 36, 335-353.

Pence, L., **Valrie, C. R.**, Gil, K. M., Redding-Lallinger, R., & Daeschner, C. (2007). Optimism predicting daily pain medication use in adolescents with sickle cell disease. *Journal of Pain and Symptom Management*, 33, 302-309.

Gil, K. M., Carson, J. W., Porter, L. S., Ready, J., **Valrie, C. R.**, Redding-Lallinger, R., & Daeschner, C. (2003). Daily stress and mood and their association with pain, health-care use, and school activity in adolescents with sickle cell disease. *Journal of Pediatric Psychology*, 28, 363-373.

#### MANUSCRIPTS SUBMITTED OR UNDER REVISION

---

Sosnowski, D. W., Kliewer, W., **Valrie, C. R.**, Winter, M. A., Serpell, Z., & Amstadter, A. B. (revise and resubmit). The association between adverse childhood experiences and child telomere length: Self-regulation as a behavioral mediator.

Cooper, S. M., **Valrie, C. R.**, Burnett, M., Golden, A., & Martinez, S. B. (under review). Dyadic consistency in African American mothers' and fathers' ethnic-racial socialization practices: Parental discrimination experiences and racial identity as explanatory factors.

#### PRESENTATIONS

---

\* Denotes student co-authors

##### Paper Presentations

**Valrie, C. R.** (2019). The role of affect in the daily pain-sleep relationship in youth with sickle cell disease. *Psychosomatic Medicine Approaches to Sickle Cell Anemia*. Symposium conducted at the 2019 American Psychosomatic Society Annual Conference in Vancouver, British Columbia.

**Valrie, C. R.** (2019). Good sleep patterns promote resilience for healthcare use in response to pain in youth with sickle cell disease. In S. Williams (Chair), *Sleep and Pain: Using Research to Inform Clinical Practice in Youth with Pain to Promote Resilience*. Symposium conducted at the 2019 Society of Pediatric Psychology Annual Conference in New Orleans, LA.

\*Trout, K., Ladd, R., Bond, K., Fuh, B., & **Valrie, C. R.** (2015). *Fatigue in children and adolescents with sickle cell disease*. Paper presentation at Sickle Cell Disease Association of America 43<sup>rd</sup> Annual Convention in Baltimore, MD.

- Valrie, C. R.** (2014). Psychological functioning in youth with sickle cell disease who experience pain. In P. Carroll (Chair), *Psychiatric/Psychosocial Issues in Sickle Cell Disease*. Symposium conducted at the 2014 Annual Sickle Cell Disease Research Meeting in Miami, FL.
- Valrie, C. R.** (2012). Using e-Diaries to assess the pain-sleep relationship in youth with sickle cell disease. In T. Palermo (Chair), *The Interrelationship Among Sleep Disturbances and Chronic Pain in Children and Adolescents*. Symposium conducted at the Annual American Pain Society Meeting in Honolulu, Hawaii.
- \*Alston, K. J., **Valrie, C. R.**, Warner T. D., Walcott, C. M., Fuh, B., Newsome, M. E., & Wright, M. (2011). *Satisfaction with emergency department care in a pediatric sickle cell cohort*. Paper presentation presented at the Sickle Cell Disease Association of America 39<sup>th</sup> Annual Conference in Washington, DC.
- Valrie, C. R.**, Bromberg, M. H., Gil, K. M., & Schanberg, L. (2011, April). Daily pediatric pain experiences: Findings from sickle cell disease and juvenile arthritis. In T. Palermo (Chair), *Pain*. Symposium conducted at the meeting of the National Conference in Pediatric Psychology, San Antonio, TX.
- \***Valrie, C. R.**, Warner, T., Walcott, C., Bouknight Wingard, A., & Fuh, B. (2010). *The relationship between neuropsychological functioning and adjustment in adolescents with sickle cell disease: A pilot study*. Paper presentation presented at the 2010 Annual Sickle Cell Disease Research and Educational Symposium in Hollywood, FL.
- \*Miller, T., Raedeke, T, Mahar, M, Karvinen, K., & **Valrie, C. R.** (2009). *The impact of physical activity guidelines on physical activity level and self-efficacy*. Paper presentation at the 2009 North American Society for the Psychology of Sport and Physical Activity Conference in Austin, TX.
- Valrie, C. R.**, Gil, K. M., Redding-Lallinger, R, & Daeschner, C. (2009). *The influence of sleep on pain in children with sickle cell disease*. Paper presentation at the 2009 Annual Sickle Cell Disease Research and Educational Symposium in Hollywood, FL.
- \*McDougald, C. S., Edwards, C. L., DeCastro, L., Wellington, C., Feliu, M., Abrams, M., Edwards, L. Y., Wood, M., Whitworth, E., & **Valrie, C. R.** (2008). *Sleep disturbance in adult patients with sickle cell disease*. Paper presentation at the 2008 Society of Behavioral Medicine Conference in San Diego, CA.
- Valrie, C. R.** (2007). Co-Chair, Symposium on “Creating Coping” at the 2007 National Sickle Cell Disease Conference in Washington.
- Valrie, C. R.** (2005, March). *The influence of pain, stress, and medication use on sleep patterns in children with sickle cell disease*. Paper presentation at the meeting of the Carolina Seminar on Behavioral Research with Minority Populations, Chapel Hill, NC.

**Valrie, C. R.** (2003, December). *Sleep, pain, and stress in children with sickle cell disease*. Paper presentation at the meeting of the Carolina Seminar on Behavioral Research with Minority Populations, Chapel Hill, NC.

### **Poster Presentations**

- \*Goltermann, D. & **Valrie, C. R.** (2017). *The influence of behavioral factors on fatigue presentation in college students*. Poster presented at the Annual ECU Research and Creative Activity Week in Greenville, NC.
- \*Huber, N. L., Stephenson, A., Everhart, D. E., & **Valrie, C. R.** (2017). *Examining the validity of the adolescent sleep wake scale for an emerging adult population*. Poster presented at the Annual ECU Research and Creative Activity Week in Greenville, NC.
- \***Valrie, C. R.**, Trout, K.L., Huber, N.L., & Fuh, B. (2017). *Changes in sleep patterns in youth with sickle cell disease: Relations to pain and health care use*. Poster presented at the Society of Pediatric Psychology Annual Conference in Portland, OR.
- \*Knox., B., Huber, N.L, Trout, K.L., & **Valrie, C.R.** (2017). *The impact of internalizing symptoms on the relationship between pain and social functioning in youth with sickle cell disease*. Poster presented at the Society of Pediatric Psychology Annual Conference in Portland, OR.
- \*Trout, K.L., Huber, N.L, Ladd, R. J., Bond, K. E., & **Valrie, C. R.** (2016). *The effects of sleep, pain, and fatigue on quality of life in pediatric sickle cell disease*. Poster presented at the Society of Pediatric Psychology Annual Conference in Atlanta, GA.
- \*Knox, B., Trout, K., Huber, N., & **Valrie, C. R.** (2016). *Effects of emotional symptoms on pain and social functioning in youth with sickle cell disease*. Poster presented at the Annual ECU Research and Creative Activity Week in Greenville, NC.
- \***Valrie, C. R.**, Ladd, R., Alston, K., Trout, K., & Exum, K. (2015). *The moderating effect of age on the influence of sleep patterns on pain frequency in youth with sickle cell disease*. Poster presented at the 2015 Society of Pediatric Psychology Annual Conference in San Diego, CA.
- \***Valrie, C. R.**, Trout, K., Exum, K., Ladd, R., Alston, K., Sufrinko, A., & Everhart, D. E. (2015). *The influence of ethnicity and sex on sleep patterns in adolescents with sickle cell disease*. Poster presented at the 2015 Society of Pediatric Psychology Annual Conference in San Diego, CA.
- \*Sufrinko, A., **Valrie, C. R.**, Lanzo, L., Exum, K., Ladd, R., Trout, K., & Everhart, D. E. (2015). *Validation of a short version of the Adolescent Sleep Wake Scale using a sample of ethnically diverse adolescents from a rural, low-income school district*. Poster presented at the 2015 Society of Pediatric Psychology Annual Conference in San Diego, CA.
- \*Wiafe, S., & **Valrie, C. R.** (2015). *The influence of family functioning on medical self-efficacy in adolescents with sickle cell disease*. Poster presented at the Annual ECU Research and Creative Activity Week in Greenville, NC.

- \***Valrie, C. R.**, Exum, K., Trout, K., Alston, K., & Ladd, R. (2014). *Insomnia symptoms in youth with sickle cell disease*. Poster presented at the 2014 Society of Pediatric Psychology Annual Conference in Philadelphia, PA.
- \*Alston, K. J., Ladd, R., Exum, K., Trout, K., & **Valrie, C. R.** (2014). *Examining adherence to selfcare behaviors among adolescents with sickle cell disease*. Poster presented at the 2014 Society of Pediatric Psychology Annual Conference in Philadelphia, PA.
- \***Valrie, C. R.**, Carraway, M., Crawford, Y., Lutes, L., Dinatale, E., Exum, K., Alston, K., Ladd, R., Trout, K., & Collier, D. (2014). *The influence of insomnia symptoms and daytime sleepiness on a camp-based intervention for obese adolescents*. Poster presented at the 2014 Society of Pediatric Psychology Annual Conference in Philadelphia, PA.
- \*Alston, K. J., **Valrie, C. R.**, & Ladd, R. J. (2013). *Factors related to compliance to an e-diary in youth with sickle cell disease*. Poster presented at the 2013 Child Health Psychology Conference in New Orleans, LA.
- \*Ladd, R. J., **Valrie, C. R.**, & Walcott, C. M. (2013). *Family functioning as a protective factor against grade retention in youth with sickle cell disease*. Poster presented at the 2013 Child Health Psychology Conference in New Orleans, LA.
- \*Boyle, A., & **Valrie, C. R.** (2013). *Factors related to self-esteem in children and adolescents with sickle cell disease*. Poster presented at the Annual ECU Research and Creative Activity Week in Greenville, NC.
- \*Exum, K. & **Valrie, C. R.** (2013). *Family functioning and academic achievement in students with sickle cell disease*. Poster presented at the National Association of School Psychologists 2013 Annual Convention in Seattle, Washington.
- \*Purvis, L., & **Valrie, C. R.** (2013). *Validity: BRIEF and BASC-2 in children with sickle cell disease*. Poster presented at the National Association of School Psychologists 2013 Annual Convention in Seattle, Washington.
- \*Alston, K. J., **Valrie, C. R.**, Warner T. D., Walcott, C. M., & Fuh, B. (2011). *Satisfaction with emergency department care in pediatric sickle cell patients*. Poster to be presented at the American Society of Pediatric Hematology/Oncology's 24th Annual Meeting in Baltimore, Maryland.
- \***Valrie, C. R.**, Walcott, C. M., Bouknight, A. L., & Finch, J. F. (2011). *Association of disease severity and gender with reading trajectories in children with sickle cell disease*. Poster presented at the National Association of School Psychologists 2011 Annual Meeting in San Francisco, CA.
- \*Bouknight, A, **Valrie, C. R.**, Walcott, C., Warner, T. (2009). *The influence of the neuropsychological effects of sickle cell disease on adjustment during adolescence: A pilot study*. Poster presented



at the Eastern North Carolina Area Health Education Centers Health Psychology Symposium in Greenville, NC.

\*Amon, J. & **Valrie, C. R.** (2009). *The influence of eating attitudes and behaviors on sleep*. Poster presented at the Eastern North Carolina Area Health Education Centers Health Psychology Symposium in Greenville, NC.

\*Hardy, S. J., & **Valrie, C. R.** (2008). *Mediation of the relationship between depression and cigarette use in adolescents with and without asthma*. Poster presented at the 2008 National Child Health Psychology Conference in Miami, FL.

**Valrie, C. R.**, Gil, K. M., Redding-Lallinger, R., & Daeschner, C. (2007). *The influence of daily pain, medication use, and stress on daily sleep in children with sickle cell disease*. Poster presented at the 2007 Society of Behavioral Medicine Conference in Washington, DC.

Harris-Britt, A., **Valrie, C.R.**, Kurtz-Costes, B., & Rowley, S. (2006). *Too much versus not enough?: Race socialization messages as a buffer against the effects of perceived discrimination*. In Harris-Britt, A. (Chair), *Race Socialization in African American adolescents: Measurement and moderator effects*. Paper Symposium conducted at the 2006 Society for Research on Adolescence Conference in San Francisco, CA.

\*Pence, L., **Valrie, C. R.**, Gil, K. M., Redding-Lallinger, R., & Daeschner, C. (2006). *Optimism moderating the relationship between pain and medication use in adolescents with sickle cell disease*. Poster presented at the 2006 Society for Research in Adolescence Conference in San Francisco, CA.

**Valrie, C. R.**, Gil, K. M., Redding-Lallinger, R., & Daeschner, C. (2005). *Pain and stress predict sleep patterns of children with sickle cell disease*. Poster presented at 2005 Society for Research in Child Development Conference in Atlanta, GA.

## MEDIA COVERAGE

---

“Could Lullabies and Bedtime Stories Help Youth with SCD Have Less Pain?” in *The Hematologist*, May-June 2019, Vol 16, Issue 3.

- Presentation of my work on sleep in youth with SCD with a focus on 2019 articles on “Investigating the sleep pain relationship in youth with sickle cell utilizing mHealth technology”

“Easing the ‘ouch’” in *East, The Magazine of East Carolina University*, Winter 2011

- Focus on work with youth with SCD and pain

## INVITED TALKS

---

- Valrie, C. R.** (June, 2018). *Sleep-Pain Relations in Pediatric Pain Populations*. Webinar for Pain Special Interest Group of the Society of Pediatric Psychology.
- Valrie, C. R.** (June, 2018). *Sleep and Fatigue in Pediatric Sickle Cell Disease*. Department of Hematology and Oncology, Children's National Medical Center.
- Valrie, C. R.** (Spring, 2018). My Life, My Scholarship Presenter.
- Valrie, C. R.** (2017). *What Do You Know about Fatigue and Sleep in Sickle Cell Disease?* Annual Sickle Cell Disease Conference: Improving the Health of Individuals and Families Living with Sickle Cell, Duke University in Durham, NC.
- Valrie, C. R.** (2015). *Sleep in Adults with Sickle Cell Disease*. Annual Sickle Cell Disease Conference: Improving the Health of Individuals and Families Living with Sickle Cell, Duke University in Durham, NC.
- Valrie, C. R.** (2015). *Sleep in Children and Adolescents with Sickle Cell Disease*. Annual Sickle Cell Disease Conference: Improving the Health of Individuals and Families Living with Sickle Cell, Duke University in Durham, NC.
- Valrie, C. R.** (2015) *Bridging the Gap between Patient and Provider*. 2015 Sickle Cell Disease Conference, Edwin W. Monroe AHEC Conference Center in Greenville, NC.
- Valrie, C. R.** (2015). *It's Past Your Bedtime!! The Surprising Truth about How Much Sleep Children, Adolescents, and Young Adults Really Need*. Science Guest Speaker Series, University of Mount Olive.
- Valrie, C. R.** (2015). *Sleep in Children and Adolescents with Sickle Cell Disease*. Psyc 741: Topics in Behavioral Medicine, Department of Psychology, University of Maryland: Baltimore County.
- Everhart, D. E., & **Valrie, C. R.** (2014). *Pediatric Sleep and Sleep Disorders: Introduction, Overview, and Intervention*. Annual Children's Services State of the Art Conference, Eastern Area Health Education Center in New Bern, NC.
- Valrie, C. R.** (2012). *Bridging the Cultural Gap with Health Care Providers*. Sickle Cell Disease Self Care and Self Advocacy Patient and Family Forum in Greenville, NC.
- Valrie, C. R.** (2012). *Sleep in Children and Adolescents*. Town Hall meeting of the GoldsboroWayne Branch of the NAACP in Goldsboro, NC.
- Valrie, C. R.** (2010). *Sickle Cell Disease and Children's Development*. Southern Regional North Carolina Area Health Education Center in Fayetteville, NC.
- Valrie, C. R.** (2009). *Doing Research with Children and Adolescents with Sickle Cell Disease: An Ethnic-Minority Pediatric Population*. Carolina Seminar on Behavioral Research with

Minority Populations, Center for Developmental Science, University of North Carolina at Chapel Hill.

## UNIVERSITY/DEPARTMENTAL TALKS

---

**Valrie, C.R.**, (September, 2019). *The Role of Affect in Understanding the Relationship between Pain and Functional Outcomes in Youth with Sickle Cell Disease*. Social Psychology Under Discussion (SPUD) Colloquium, Department of Psychology, Virginia Commonwealth University.

**Valrie, C. R.**, (November, 2017). *Pediatric Pain: An Overview and Recommendations for Treatment*. Clinical Psychology Supervision Group, Department of Psychology, Virginia Commonwealth University.

Valrie, C. R. (October, 2017). Invited Discussant, *Sleepless in America* film screening. Invited by Virginia Commonwealth University Libraries and University Student Commons and Activities.

**Valrie, C. R.** (2013). *Sleep in Youth with Sickle Cell Disease*. ECU Sickle Cell Interest Group Meeting in Greenville, NC.

Duffrin, C. & **Valrie, C. R.** (2009). *Clinical Screening for Obesity Risk for Children*. Grand Rounds, Department of Family Medicine, Brody School of Medicine, East Carolina University.

**Valrie, C. R.** (2008). *An Introduction to Multilevel Modeling*. PSYC 7433: Multivariate Statistical Analysis, Department of Psychology, East Carolina University.

## PROFESSIONAL LEADERSHIP

---

### National

#### *Committees and Work Groups*

- *Co-chair*, Hematology/Oncology/BMT Special Interest Group, Society of Pediatric Psychology (2014-2017)
- Psychosocial Subgroup of the Sickle Cell Adult Providers Network (SCAPN; 2014-2016)

#### *Editorial Board*

- Journal of Pediatric Psychology 2017-present
  - Guest Editor for a special issue planned for early 2020 entitled, "Addressing Health Disparities in Pediatric Psychology"
- Handbook of Pediatric Psychology, 4<sup>th</sup> Edition (2009)

### ***Ad Hoc Reviewer***

- Annals of Behavioral Medicine
- Behavioral Sleep Medicine
- Child Development
- Clinical Journal of Pain
- CNS Neuroscience & Therapeutics
- Journal of Adolescent Health
- Journal of Advanced Nursing
- Journal of Applied Social Psychology
- Journal of Behavioral Medicine
- Journal of Health Psychology
- Journal of the National Medical Association
- Journal of Pain
- Journal of Pain and Symptom Management
- Journal of Pediatric Hematology/Oncology
- Journal of Pediatric Psychology
- Pain Medicine
- Psychology and Health
- Sleep Medicine Reviews

### ***External Tenure and Promotion Reviewer***

- Medical College of Wisconsin
- University of Memphis
- Virginia Commonwealth University
- Washington State University Vancouver

### ***Abstract/Award Reviews - National***

- Society of Pediatric Psychology Annual Conference (2014-2020)
- NIH/NHLBI Loan Repayment Program Grant Program (2016, 2017, 2019)
- Society of Pediatric Psychology Diversity Research Grant Program (2013-2015)
- Society of Research and Child Development Annual Conference (2015)
- Pediatric Academic Societies Annual Meeting (2014)
- Midwest Regional Conference in Pediatric Psychology (2013)
- Society of Pediatric Psychology Student Poster Research Award (2013)

### ***Abstract/Award Reviews – Regional/Local***

- VCU Center for Clinical and Translational Research Endowment Fund Grant Program (2018-2019)
- VCU College of Humanities and Sciences Seed Grant Program (2018)
- ECU Harriot College of Arts and Sciences Re-Assignment Time Grant Program (2016)

## **REGIONAL COMMITTEES AND WORK GROUPS**

---

- Committee Member, Student Health and Well-being Workgroup, Petersburg City and Schools Partnership, Petersburg, VA (Spring 2018-present)
- Committee Member, Petersburg School Based Health Center Implementation Team, Petersburg, VA (Spring 2018-present)
- *Chair*, Social Marketing and Engagement Sub-Committee (Fall 2018-present)
- Member, Petersburg Wellness Consortium, Petersburg, VA (Fall 2017-present)
- Planning Committee, Annual Duke-UNC Regional Sickle Cell Disease Conference (2014-2019)
- Eastern NC Sickle Cell Awareness Committee, (2014-2017)
- *Chair*, Education Subgroup (2015-2016)
- Diversity in Quantitative Psychology Working Group, Department of Psychology, University of North Carolina at Chapel Hill (2016)

## DEPARTMENT AND UNIVERSITY LEADERSHIP

---

*Tenure and Promotion Committee Member*, Dr. Joe Dzierzewski, Department of Psychology, Virginia Commonwealth University, Summer 2019-Fall 2019.

*Professional Development Coordinator*, Health Psychology PhD Program, Department of Psychology, Virginia Commonwealth University, Fall 2018-present.

*Co-Director*, Research for the Center for Cultural Experiences in Prevention, Virginia Commonwealth University, Spring 2018-present.

*Tenure and Promotion Committee Member*, Dr. Chris Gough, Department of Biology, Virginia Commonwealth University, Fall 2018.

*Search Committee Member*, Oral Health Assistant Professor job Department of Health Behavior and Policy and VCU Center for Inclusion, Inquiry, and Innovation, Virginia Commonwealth University, Summer 2018.

*Search Committee Member*, Counseling Psychology, Department of Psychology, Virginia Commonwealth University, Fall 2017-Spring 2018.

*Faculty Judge*, for Psyc 451: History of Psychology, Department of Psychology, Virginia Commonwealth University, Fall 2017.

*Search Committee Member*, Pediatric School Psychology job search, Department of Psychology, East Carolina University, Fall 2016-Spring 2017.

*Chair*, Curriculum Committee, Department of Psychology, East Carolina University, Fall 2015-Spring 2017.

*Admissions Committee Member*, Clinical Health Concentration, Health Psychology Program, Department of Psychology, East Carolina University, Fall 2012-Spring 2017.

*Chair*, Curriculum and Scheduling Committee, Clinical Health Concentration, Health Psychology Program, Department of Psychology, East Carolina University, Fall 2009-Spring 2017.

*Search Committee Member*, Fixed Term Psychology job search, Department of Psychology, East Carolina University, Spring 2016-Summer 2016.

*Member Search Committee*, Pediatric School Psychology job search, Department of Psychology, East Carolina University, Fall 2013-2014.

*Chair*, Tenure Track Developmental Psychology job search committee, Department of Psychology, East Carolina University, Spring 2012-Spring 2013.

*Member*, Plan for Repeatable Courses Committee, Harriot College of Arts and Sciences, East Carolina University, Fall 2011-Spring 2013.

*Search Committee Member*, Fixed Term Clinical Psychology job search, Department of Psychology, East Carolina University, Summer 2011.

*Search Committee Member*, Health Disparities job search, Center for Health Disparities, East Carolina University, Spring 2011-Summer 2011.

*Member*, Scheduling Committee, Department of Psychology, East Carolina University, Fall 2010-Spring 2012.

*Chair*, External Relations Committee, Clinical Health Concentration, Health Psychology Program, Department of Psychology, East Carolina University, Fall 2009-2010.

*Member*, Undergraduate Advisory Council, Department of Psychology, East Carolina University, Fall 2009-2010.

*Search Committee Member*, Quantitative Psychology job search, Department of Psychology, East Carolina University, Fall 2008-2009.

*Member*, Curriculum Committee, Department of Psychology, East Carolina University, Fall 2007-Spring 2015.

*Chair*, External Relations Committee, Health Psychology Program, Department of Psychology, East Carolina University, Fall 2007-Spring 2009.

*Search Committee Member, Clinical Health Psychology job search, Department of Psychology, East Carolina University, Fall 2007-Spring 2008.*

*Member, Space and Equipment Committee, Department of Psychology, East Carolina University, Fall 2007, Spring 2008.*

*Chair, Visiting Day Committee, Health psychology doctoral program, Department of Psychology, East Carolina University, Spring 2007.*

*Member, Health psychology doctoral program development committee, Department of Psychology, East Carolina University, Fall 2006-Spring 2007.*

*Department of Psychology Representative, Multicultural Appreciation Day Experience, East Carolina University, Fall 2006.*

#### **JUNIOR FACULTY/POSTDOCTORAL MENTORSHIP AND TRAINING**

---

##### **Junior Faculty**

- Dr. Chelsea Derlan (Psychology, VCU)
- Dr. Kelli Gary (Occupational Therapy, VCU)
- Dr. Steven Hardy (Psychiatry and Behavioral Sciences, George Washington University) • Dr. Lori Curtindale (Psychology, ECU)

##### **Postdoctoral Fellows**

- Dr. Morgan Maxwell (Psychology/Health Behavior and Policy, VCU)
- Dr. Khalilah Johnson (Psychology, VCU)

#### **TEACHING EXPERIENCE**

---

##### **Graduate Courses**

- Advanced Development Psychology
- History and Systems of Psychology

##### **Undergraduate Courses**

- Health Psychology
- Developmental Psychology
- Child Development
- History of Psychology
- Introduction to Personality

##### **Teaching/Instructional Grants**

Principal Investigator, Alternative Textbook Program (\$1000)

2016-2017

## STUDENT MENTORSHIP AND TRAINING

---

### **Dissertation Committees**

- Liza Bourchtein (VCU, 2018-present)
- Dave Sosnoski (VCU, 2018-2019)
- Krystal Trout (ECU, 2016-2018; Chair)
- Kay Exum Bond (ECU, 2013-2016; Chair)
- Rebecca Ladd (ECU, 2013-2016; Chair)
- Kristen Alston (ECU, 2012-2015; Chair)
- Jonathan Highsmith (ECU, 2012-2014)
- Marissa Errickson (ECU, 2011-2014)
- Alicia Moran Sufrinko (ECU, 2010-2013)
- Sayward Harrison (ECU, 2009-2011)
- Erika Bagley (ECU, 2010-2011)

### **Master's Theses**

- Angela Pascale (VCU, 2019-current; Chair)
- Mona Quarless (VCU, 2019-current; Chair)
- Krystal Trout (ECU, 2013-2016; Chair)
- Alaina Boyle (ECU, 2011-2013; Chair)
- Rebecca Ladd (ECU, 2011-2013; Chair)
- Lee Purvis (ECU, 2011-2013; Chair)
- Kay Exum (ECU, 2010-2013; Chair)
- Kristen Alston (ECU, 2009-2011; Chair)
- Steven Hardy (ECU, 2006-2007; Chair)
- Erica Maine (ECU, 2012-2013)
- June Preast (ECU, 2010-2012)
- Sarah James McCreight (ECU, 2010) • Kelly Bristol (ECU, 2008)
- Sameena Siddiqui (ECU, 2006-2008)
- Tianna Miller (ECU, 2006-2008)
- Brook Lee Cathey (ECU, 2006-2007)

### **Qualifying/Preliminary Exam Committee**

- Calvin Harris (VCU, 2019-current)
- Erin Smith (VCU, 2017-2018)
- Jim Rossi (ECU, 2016)
- Julia Fondren (ECU, 2013)
- Lindsey Rosman (ECU, 2013)
- Jonathan Highsmith (ECU, 2012)
- Amaris Tippey (ECU, 2011)
- Erika Bagley (ECU, 2009-2010)



### **Additional Graduate Research Mentorship**

- Jelaina Shipman (PhD in Health Psychology, VCU, 2019-current)
- Alfonso Floyd (PhD in Clinical Psychology, VCU, 2018-current)
- Mona Quarless (PhD in Health Psychology, VCU, 2018-2019)
- Kathryn Polak (PhD in Clinical Psychology, VCU, 2017-current)
- Tiara Stanley (MA in Health Education and Promotion, ECU, 2016-2017)
- Nichelle Huber (PhD in Clinical-Health Psychology, ECU, 2015-2017)
- Nicole Salonia (MACAS in School Psychology, ECU, 2016-2017)
- Ashley Bouknight-Wingard (PhD in School-Pediatric Psychology, ECU, 2009-2010)
- Jessica Amon (MACAS in School Psychology, ECU, 2008-2009)
- Erika Paige White (MA in General Psychology, ECU, 2009)

### **Undergraduate Honors Thesis Committee**

- Tiwalade Kogbe (ECU, 2016-2018, Chair)
- Danielle Goltermann (ECU, 2015-2017; Chair)
- Brianna Knox (ECU, 2014-2016; Chair)
- Stephanie Wiafe (ECU, 2013-2015; Chair)
- Joia Chance (ECU, 2009-2010; Chair)
- Heather Wiles (ECU, 2012-2014)
- Stacy Bennett (ECU, 2004-2005)
- Laura Pence (ECU, 2003-2004)

### **Additional Undergraduate Research Mentorship**

- Celestina Klaye, VCU, Fall 2019-current
- La-Kiesha Hobbs, VCU, Spring 2018
- Justice Boyd, VCU, Spring 2018
- Kyla Francis, ECU, 2016
- Taylor Leposa, ECU, 2016
- Terrance Lawrence, ECU, 2014-2015
- Courtney Spencer, ECU, 2014-2015
- Brook Howard, ECU, 2010-2012
- Susanna Dabney, ECU, 2008
- Stacy Bennett, UNC-Chapel Hill, 2004
- Emma Batchelor, UNC-Chapel Hill, 2002

### **Graduate Teaching Supervision/Training**

- Ashlee Sawyer (VCU, Psyc 412: Health Psychology, Spring 2019)
- George Tam (VCU, Psyc 412: Health Psychology, Spring 2018)

### **STUDENT-RELATED SERVICE**

---

*Mentor, Journal of Pediatric Psychology* Junior Reviewer Mentoring Program (Spring 2019-current)

*Faculty Mentor*, VCU Chapter of the Minority Association of Pre-Health Students (MAPS)  
Annual Banquet (April 2019)

*Grader*, VCU Health Sciences Academy at John Marshall High School and Richmond  
Community High School (May 2019)

*Undergraduate Advisor* for 20-32 students each semester (ECU, Fall 2007-2017)

## **STUDENT MENTEE HONORS AND AWARDS**

---

Undergraduate research mentee (Danielle Goltermann) awarded the ECU Psychology Department Miller-Moore Undergraduate Scholarship	2016
Graduate mentee (Krystal Trout) awarded the ECU Psychology Department Miller-Moore Graduate Scholarship	2016
Graduate mentee (Krystal Trout) awarded the North Carolina Psychological Association SASA Student Travel Grant	2016
Undergraduate research mentee (Brianna Knox) awarded the ECU Psychology Foundation Account Award for Outstanding Undergraduate Research Thesis	2016
Graduate mentee (Kay Exum-Bond) awarded the ECU Outstanding Pediatric-School Psychology Student Award	2015
Graduate mentee (Krystal Trout) awarded the ECU Psychology Ginger Stoddard Travel Award	2015
Undergraduate research mentee (Brianna Knox) awarded the ECU Psychology Carol Smith Ripley Scholarship	2015
Graduate mentee (Kristen Alston) awarded the ECU Psychology Department Miller-Moore Graduate Scholarship	2013
Undergraduate research mentee (Joia Chance) awarded the ECU Outstanding Senior in Psychology Award	2010

## **PROFESSIONAL AFFILIATIONS**

---

- American Psychological Association (APA) ○ Division 54: Society of Pediatric Psychology (SPP)
- American Psychosomatic Society (APS)
- American Society of Hematology
- Phi Kappa Phi Honor Society
- Sleep Research Society (SRS)
- Society of Behavioral Sleep Medicine (SBSM)

## **QUANTITATIVE TRAINING**

---

Analysis of Variance

Multiple Regression

Multivariate Statistics

Hierarchical Linear Modeling

Structural Equation Modeling

Latent Class Modeling

Analysis of Intensive Longitudinal Data: Experience Sampling and Ecological Momentary Assessment

## **ADDITIONAL TRAINING/COURSEWORK**

---

Advanced Public Health Practice

Introduction to Health Education and Promotion

## **REFERENCES**

---

Upon Request